



# April Breakfast 2017 Harmony Public Schools

Monday	Tuesday	Wednesday	Thursday	Friday
3 Cinnamon Toasters Cereal Fruit Variety Choice of Milk	4 Breakfast Bun Fruit Variety Choice of Milk	5 Banana Muffin Fruit Variety Choice of Milk	6 Cocoa Puff Cereal Chocolate Chip Oatmeal Bar Fruit Variety Choice of Milk	7 Grahams Cracker String Cheese Fruit Variety Choice of Milk
10 Cinnamon Raisin Bagel & Cream Cheese Fruit Variety Choice of Milk	11 Breakfast Donut Fruit Variety Choice of Milk	12 Frosted Corn Flakes Fruit Variety Choice of Milk	13 Double Chocolate Oatmeal Bar Assorted Cereal Fruit Variety Choice of Milk	14 <b>SPRING HOLIDAY</b>
17 Cinnamon Toasters Cereal Fruit Variety Choice of Milk	18 Breakfast Bun Fruit Variety Choice of Milk	19 Banana Muffin Fruit Variety Choice of Milk	20 Cocoa Puff Cereal Chocolate Chip Oatmeal Bar Fruit Variety Choice of Milk	21 Grahams Cracker String Cheese Fruit Variety Choice of Milk
24 Cinnamon Raisin Bagel & Cream Cheese Fruit Variety Choice of Milk	25 Breakfast Donut Fruit Variety Choice of Milk	26 Frosted Corn Flakes Fruit Variety Choice of Milk	27 Double Chocolate Oatmeal Bar Assorted Cereal Fruit Variety Choice of Milk	28 Grahams Cracker Yogurt Cup Fruit Variety Choice of Milk



**Northwest Catering**  
Taking Nutrition to A Tasty Level!

Make sure to take your milk, the choice is yours 1 % White or Fat Free Chocolate

**\*\*Menu is Subject to change\*\***

**\*\*This Institution is an equal opportunity provider\*\***



K-8



# April Lunch 2017

# Harmony Public Schools

Monday

Tuesday

Wednesday

Thursday

Friday

3

Chicken Tenders  
Steamed Broccoli  
Mashed Potatoes  
Dinner Roll  
Ketchup  
Fruit variety  
Choice of milk

4

Nachos w/  
ground Turkey  
Refried Beans  
Corn Niblets  
Fruit variety  
Choice of milk

5

Chicken Sandwich  
Tasty Tots  
Salad Mix  
Ketchup  
Fruit variety  
Choice of milk

6

Cheese Pizza  
Salad mix  
Baby Carrots  
Ranch Dressing  
Fruit variety  
Choice of milk

7

Pasta & Meatballs  
Sliced Carrots  
Chocolate Chip  
Cookie  
Fruit variety  
Choice of milk

10

Cheesy Meatball Sub  
Tasty Tots  
Corn Niblets  
Chocolate Chip  
Cookie  
Fruit variety  
Choice of milk

11

Chicken Nuggets  
Steamed Broccoli  
Carrot Coins  
Ketchup  
Fruit variety  
Choice of milk

12

Burger & Fries  
Salad Mix  
Ketchup  
Fruit Variety  
Choice of Milk

13

Cheese Pizza  
Salad mix  
Sliced Carrots  
Ranch Dressing  
Fruit variety  
Choice of milk

14

**SPRING  
HOLIDAY**

17

Turkey Dog  
Veggie Baked Beans  
Mixed Veggies  
Mustard & Ketchup  
Fruit Variety  
Choice of Milk

18

Classy Hamburger  
French Fries  
Salad Mix  
Ketchup  
Fruit variety  
Choice of milk

19

Chicken Fajita  
Pinto Beans  
Steamed Green  
Beans  
Cheez- Its  
Ketchup  
Fruit variety  
Choice of milk

20

Cheese Pizza  
Salad mix  
Sliced Carrots  
Ranch Dressing  
Fruit variety  
Choice of milk

21

Cheese Lasagna  
Steamed Broccoli  
Corn Niblets  
Fruit Variety  
Choice of milk

24

Chicken Tenders  
Steamed Broccoli  
Mashed Potatoes  
Dinner Roll  
Ketchup  
Fruit variety  
Choice of milk

25

Nachos w/  
ground Turkey  
Refried Beans  
Corn Niblets  
Fruit variety  
Choice of milk

26

Chicken Sandwich  
Tasty Tots  
Salad Mix  
Ketchup  
Fruit variety  
Choice of milk

27

Cheese Pizza  
Salad mix  
Baby Carrots  
Ranch Dressing  
Fruit variety  
Choice of milk

28

Pasta & Meatballs  
Sliced Carrots  
Chocolate Chip  
Cookie  
Fruit variety  
Choice of milk



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Monday

Tuesday

Wednesday

Thursday

Friday

<p><b>3</b></p> <p>Chicken Tenders Steamed Broccoli Mashed Potatoes Dinner Roll Ketchup Fruit variety Choice of milk</p>	<p><b>4</b></p> <p>Nachos w/ ground Turkey Refried Beans Corn Niblets Spanish Rice Fruit variety Choice of milk</p>	<p><b>5</b></p> <p>Chicken Sandwich Tasty Tots Salad Mix Pickle Ketchup Fruit variety Choice of milk</p>	<p><b>6</b></p> <p>Cheese Pizza Salad mix Baby Carrots Ranch Dressing Fruit variety Choice of milk</p>	<p><b>7</b></p> <p>Pasta &amp; Meatballs Sliced Carrots Steamed Green Peas Chocolate Chip Cookie Fruit variety Choice of milk</p>
<p><b>10</b></p> <p>Cheesy Meatball Sub Tasty Tots Corn Niblets Chocolate Chip Cookie Fruit variety Choice of milk</p>	<p><b>11</b></p> <p>Chicken Nuggets Steamed Broccoli Carrot Coins Dinner Roll Ketchup Fruit variety Choice of milk</p>	<p><b>12</b></p> <p>Burger &amp; Fries Salad Mix Pickle Ketchup Fruit Variety Choice of Milk</p>	<p><b>13</b></p> <p>Cheese Pizza Salad mix Sliced Carrots Ranch Dressing Fruit variety Choice of milk</p>	<p><b>14</b></p> <p><b>SPRING HOLIDAY</b></p>
<p><b>17</b></p> <p>Turkey Dog Veggie Baked Beans Mixed Veggies Sun Chips Mustard &amp; Ketchup Fruit Variety Choice of Milk</p>	<p><b>18</b></p> <p>Classy Hamburger French Fries Salad Mix Sliced Cucumbers Ketchup Fruit variety Choice of milk</p>	<p><b>19</b></p> <p>Chicken Fajita Pinto Beans Steamed Green Beans Cheez- Its Ketchup Fruit variety Choice of milk</p>	<p><b>20</b></p> <p>Cheese Pizza Salad mix Sliced Carrots Ranch Dressing Fruit variety Choice of milk</p>	<p><b>21</b></p> <p>Cheese Lasagna Steamed Broccoli Corn Niblets Dinner Roll Fruit Variety Choice of milk</p>
<p><b>24</b></p> <p>Chicken Tenders Steamed Broccoli Mashed Potatoes Dinner Roll Ketchup Fruit variety Choice of milk</p>	<p><b>25</b></p> <p>Nachos w/ ground Turkey Refried Beans Corn Niblets Spanish Rice Fruit variety Choice of milk</p>	<p><b>26</b></p> <p>Chicken Sandwich Tasty Tots Salad Mix Pickle Ketchup Fruit variety Choice of milk</p>	<p><b>27</b></p> <p>Cheese Pizza Salad mix Baby Carrots Ranch Dressing Fruit variety Choice of milk</p>	<p><b>28</b></p> <p>Pasta &amp; Meatballs Sliced Carrots Steamed Green Peas Chocolate Chip Cookie Fruit variety Choice of milk</p>



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